



**FISHING
FOR HEROES**

**FISHING FOR HEROES
WITH
FLY FISHING & FLY TYING
MAGAZINE'S
2010 UK STILL WATER
TROUT FISHING
CHAMPIONSHIP**



Help us to extend a helping hand and a supporting
shoulder to those who have given our country so much.

For further information and fundraising...

Tel. **01332 331548** or email
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Fishing for Heroes is a UK Charity. No. 11355355
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**FlyFishing
& FlyTying
Magazine**



What Fishing for Heroes do

Fishing for Heroes provides fully funded fly fishing courses as part of a therapy package for veterans who are suffering from Post Traumatic Stress Disorder, combat fatigue or any other emotional or psychological problem relating to them having been involved in active service. Any veteran of either sex from any of the three armed forces can apply for our help. Although the current campaigns are foremost in people's minds, any veteran from any era or conflict is eligible to apply. Currently many of these veterans are being missed by the mainline services and although they may have no physical or visible disability they are suffering, some quite severely. At this moment in time it takes on average 14 years for a veteran to receive the necessary help they require.

We want to rectify this! Every veteran who is sleeping on the streets or is suffering is one too many.

The part of the package we can do is to teach fly fishing. This is a well known and accepted therapy for people suffering from Post Traumatic Stress Disorder and other emotional problems. To achieve this we will provide accommodation, transport expenses, all tuition and fishing fees. The course lasts for three days, where we hope to provide a respite break but more importantly we aim to give them a set of life skills which will enable the veterans to help themselves now and in the future.

Fishing For Heroes with Fly Fishing & Fly Tying Magazine's 2010 UK Still Water Trout Fishing Championship

In these times along with several other charities we have far more veterans needing help than we are able to help presently. We are constantly looking for people and ideas to help raise funds. This is why it was suggested that we launch the Fishing for Heroes UK Still Water Trout Fishing Championship.

The Championship will consist of 9 regional heats held around the finest still water fisheries in the UK. Anglers wishing to take part will be asked to raise a minimum of £35 for the charity as well as their ticket. The first three places will be awarded a trophy and the first two placed anglers will qualify for the Grand Final to be held at Lechlade Trout Fishery on the 21st November 2010.

The Regional Heats are:

West Sussex	Chalk Springs	01903 883742	4th September
Hampshire	Dever Springs	01264 720592	11th September
Yorkshire	Wykeham Lakes	07946 534001	18th September
Derbyshire	Ladybower Reservoir	01433 651254 / 07977 567796	18th September
Staffordshire	Blithfield Reservoir	01283 840284	25th September
Cumbria	Bessy Beck Trout Fishery	01539 623303 / 07791 563355	26th September
Lincolnshire	Toft Newton	01673 878453 / 07806 400878	17th October
Leicestershire	Eyebrook Reservoir	01536 770264	17th October
Devon	Bellbrook Fishery	01398 351292	23rd October

The Grand Final will take place on November 21st 2010 at Lechlade Trout Fishery

The Grand Final will be for the highest number of fish caught or in the event of a tie the heaviest total will be the deciding factor. Prizes will be given for the first 4 places and the largest fish caught.

The overall winner will also be awarded the Bernard Cribbins Perpetual Trophy as well as a personal trophy.